

P R E S S R E L E A S E



Press Release- #10-01

TSX-V: GAX

April 8, 2010

STOCK OPTION GRANT

Ottawa, Ontario – Galahad Metals Inc. ("GAX") announced today that the Board of Directors of GAX approved the grant of 150,000 stock options in the Company, at a price of \$0.10 expiring March 31, 2015, to consultants of the Company.

For further information, please go to www.galahadmetals.com or contact:

Robin Dow, President, C.E.O
1-888-834-7708
Email: robin@dowgroup.ca

In Vancouver:
Wayne Meredith
1-604-569-2509

In Toronto:
Gus Garisto
1-416-607-6023
gus@baystreetconnect.com

“The statements in this Press Release may contain forward looking statements that involve a number of risks and uncertainties. Actual events or results could differ materially from the Company’s expectations and projections. The TSX Venture Exchange has not approved or disapproved of the information contained in this Press Release.”

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P 1 888 834 7708 F 613 834 8166